

# X A M A Y C A K E Y



In this issue we  
will be exploring  
our new District  
Administration



May 2020  
Volume 34, Issue 1  
By: DBE Amelia Campbell

# TABLE OF CONTENTS

1

**MEET THE EDITOR**

---

2

**MESSAGE FROM THE PAST EDITOR**

---

3

**NEW ADMINISTRATION**

---

5

**MAP OF JAMAICA DISTRICT**

---

6

**MENTAL ILLNESS AWARENESS MONTH**

---

7

**COVID-19 PREVENTION**

---



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# Meet the editor

*"Service above self"*



## Bulletin Editor Amelia Campbell

- 5th former, 16 yrs old
- Student at Campion College
- Past Bulletin Editor for CCKC
- Past Chairperson
- A key clubber since 1st form
- Always excited to serve :)

Hey Keyclubbers!

My name is Amelia Campbell and I will be your Bulletin Editor for the year 2020-2021. Being selected for this position is a great honour and I will cherish this opportunity from start to end. I plan to do my best to keep members and onlookers aware of our districts activities, achievements and goals.

I believe in using visually appealing graphic to help inform people about the causes Key club supports and I intend to use my platform to do just that.

**Let's have a great year together!**



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# Message from the Past Editor



## Immediate Past Bulletin Editor Everton Smellie

I would like to thank him for his work on the board and wish him great success as he pursues a future outside of keyclub but still holds the knowledge and experience he has gained from his role in our administration.

Life is a journey in which we face challenges obstacles as well as gain experience. The past key club year as the District Bulletin editor has provided me with a great experience and has furthered my knowledge in many areas. To be chosen to lead holds you inevitable hold great power and with great power comes great responsibility. As I move on to the next chapter of my life the lessons learned will always be valuable and the persons with whom relationships were formed will always be remembered. As we pass the torch over to even greater minds, I hope success favours them and they are truly able to Express them selves and lead their clubs to greatness. Great communication begins with connection



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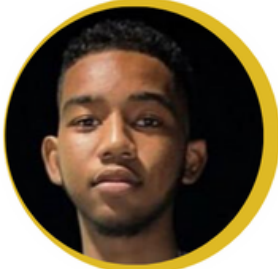
# NEW ADMINISTRATION

## WELCOME THE NEW BOARD

Here are all the members of this new administration. They are going to do such amazing work!



### BOARD Leaders 2020-2021



**DEMARIO MEW**  
Wolmers Boys' High School  
**DISTRICT GOVERNOR**



**JADEN STODDART**  
Cornwall College  
**DISTRICT SECRETARY-TREASURER**



**AMELIA CAMPBELL**  
Campion College  
**DISTRICT BULLETIN EDITOR**



**WHITNEY WAYSOME**  
Hampton School  
**DISTRICT WEBMASTER**



**WENDY- ANN IVEY**  
St. George's College  
**D1 LIEUTENANT GOVERNOR**



**ALEXANDER MINGOES**  
Wolmers Boys' High School  
**D2 LIEUTENANT GOVERNOR**



**KODESH DOILEY**  
St. Catherine High School  
**D3 LIEUTENANT GOVERNOR**



**MALEIKA MONCRIEFFE**  
St. Hilda's Diocesan High School  
**D4 LIEUTENANT GOVERNOR**



**ARNAV CHATANI**  
Heinz Simonitsch School  
**D5 LIEUTENANT GOVERNOR**



**YOLANDA SMITH**  
Immaculate Conception High School  
**D6 LIEUTENANT GOVERNOR**



**KEENO-LEE JAMES**  
Manning's School  
**D7 LIEUTENANT GOVERNOR**

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# NEW ADMINISTRATION

## A MESSAGE FROM THE DISTRICT GOVERNOR

Vybz Check! Hello Key Club Jamaica, my name is Demario Mew and this year I have the pleasure of serving you as District Governor. Although it is unfortunate that we are unable to meet under better circumstances due to the novel Covid-19 outbreak, let's continue sharing that proud and cheerful spirit associated with the Key Club Jamaica District with the world.

I know that as a country and a district we will get past this obstacle, as long as we all stick together. In the meantime, we ask that you stay safe and secure during this difficult period. As we look forward to meeting you all in the near future, we encourage you to continue working together to help make the world a better place one project at a time.



**District Governor Demario Mew**

” Leadership is about vision and responsibility, not power.

- SETH BERKLEY



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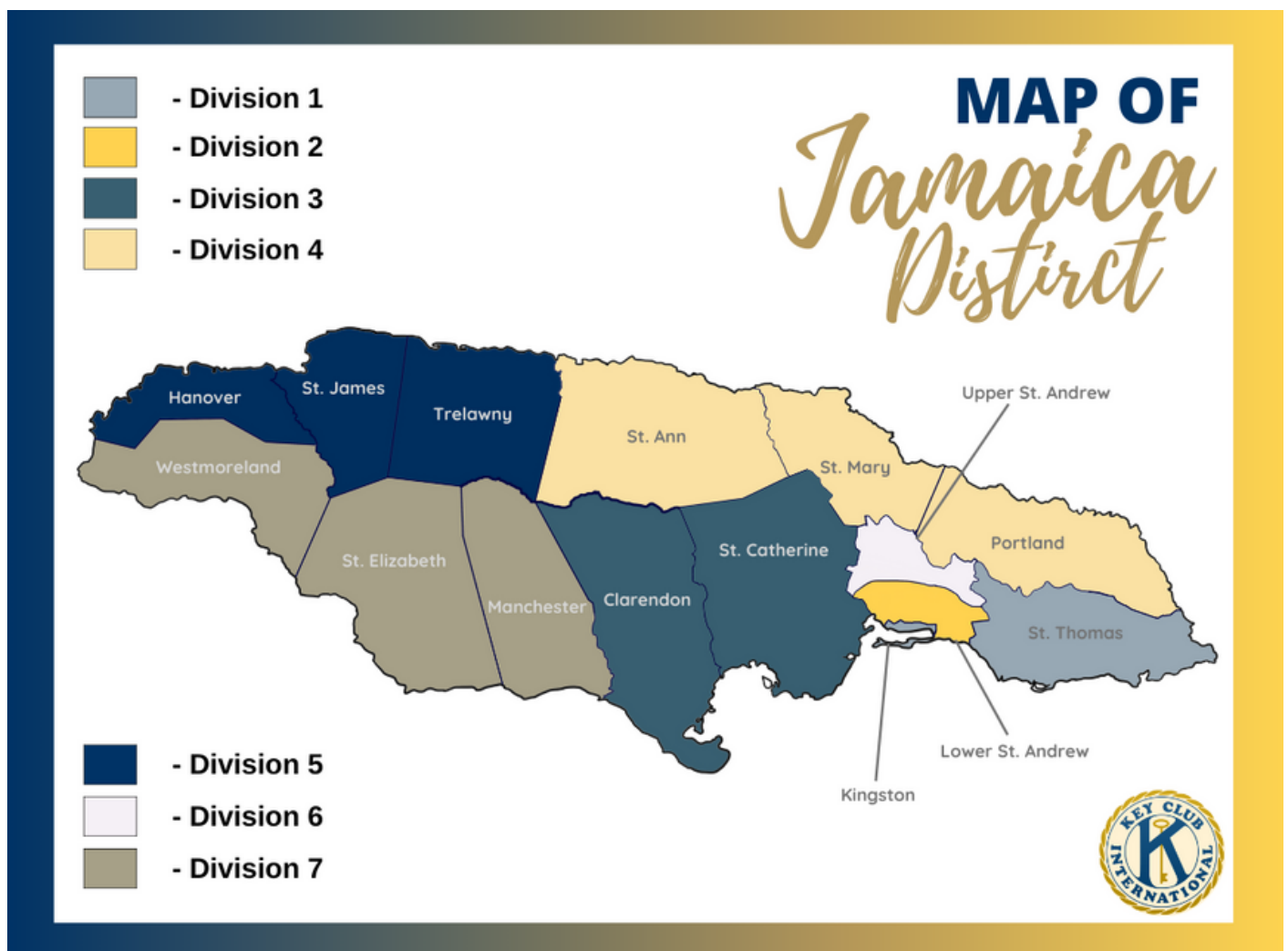




Many of you may not understand how the key club divisions are set up so below is a map of Jamaica displaying all 7 districts. If your school falls into that coloured region then that is the division you are apart of! :)

Division 2 schools were the first to have key club in Jamaica so that explains why there are multiple divisions in Kingston and St. Andrew.

Kingston College was the first Key Club in Jamaica, it was founded in 1974 making it almost 50 years old!



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# MENTAL ILLNESS AWARENESS MONTH COMPETITION

Multiple entries are allowed

1

CHOOSE A MENTAL ILLNESS FROM THE 2ND SLIDE

2

VERIFY IT IS NOT TAKEN BY MESSAGING @KEYCLUBJAMAICA

3

BE CREATIVE AND INFORMATIVE

**MENTAL**  
*illness*  
**AWARENESS**  
*month*

SEE LIST ON 2ND SLIDE

YOU MAY SUBMIT ANYTHING THAT FITS INSTAGRAM'S 1:1 RATIO

INFORMATICS  
VIDEOS  
POSTERS  
ETC.

CLUB POSTER

**COMPETITION**

STARTS NOW!!

DEADLINE

**MAY 31 2020**

THE WINNER  
WITH THE MOST LIKES GETS A  
KINDLE AND A SHOUT OUT!

SUBMIT TO  
KCJABULLETIN@GMAIL.COM  
AND TAG US ON YOUR POST

We are hosting this competition on our instagram (@keyclubjamaica) to raise awareness about the various mental illnesses that will be spoken about by each club that enters. If your club has not submitted please direct yourself to the instagram

## Submission Deadline:

May 31st 2020

## Voting Deadline:

June 5th 2020

1 like= 1 vote for the post you wish to win

SHARE the posts to raise awareness

COMMENT hashtags so it reaches even more people

:)

### COMMON DISORDERS

- Alcohol Substance Abuse
- Alcohol Substance Dependence
- Anxiety Disorders
- Adult Attention Deficit/Hyperactivity Disorder (ADHD/ADD)
- Bipolar Disorder
- Depression
- Obsessive Compulsive Disorder (OCD)
- Opioid Use Disorder
- Panic Disorder
- Postpartum Depression
- Posttraumatic Stress Disorder (PTSD)
- Schizophrenia
- Seasonal Affective Disorder
- Social Anxiety Phobia

### EATING DISORDERS

- Anorexia Nervosa
- Binge Eating Disorder
- Bulimia Nervosa
- Pica

### OTHER

- Acute stress Disorder
- Adjustment Disorder
- Agoraphobia
- Alzheimer's Disease
- Body Dysmorphic Disorder
- Brief Psychotic Disorder
- Conversion Disorder
- Cyclothymic Disorder
- Delusional Disorder
- Gaming Disorder
- Gender Dysphoria
- Hoarding Disorder
- Hypochondriasis (Illness Anxiety)
- Intermittent Explosive Disorder
- Kleptomania
- Neurocognitive Disorder
- Premenstrual Dysphoric Disorder

### DISSOCIATIVE DISORDERS

- Depersonalization Disorder
- Dissociative Amnesia
- Dissociative Fugue
- Dissociative Identity Disorder
- Dissociative Disorder Not Otherwise Specified (NOS)

### CHILDHOOD DISORDERS

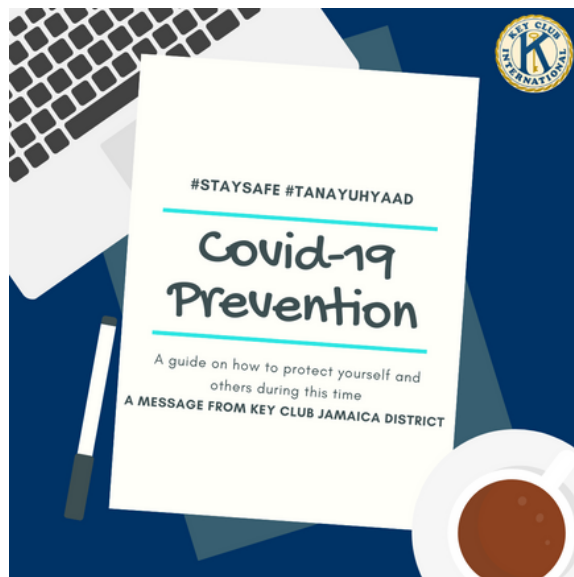
- Autism Spectrum Disorder (formerly Asperger's, Autistic Disorder & Retts)
- Attachment Disorder
- Disorder of Written Expression
- Disruptive Mood Dysregulation Disorder
- Encopresis
- Enuresis
- Expressive Language Disorder
- Mathematics Disorder
- Mental Retardation, see Intellectual Disability
- Oppositional Defiant Disorder
- Reading Disorder
- Rumination
- Selective Mutism
- Separation Anxiety Disorder
- Social (Pragmatic) Communication Disorder
- Stereotypic Movement Disorder
- Tourette's Disorder
- Transient Tic Disorder

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# HOW TO PROTECT YOURSELF AND OTHERS FROM COVID-19



The full post is on our instagram If you find this hard to read.

” The key to growth is the introduction of higher dimensions of consciousness into our awareness



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# Thanks to the

## KEY CLUB SPONSORS



Children's  
Miracle Network



**SQUADS ABROAD**

A KEY CLUB PARTNER

Website info coming soon...



# Contact Us

WE'RE ALWAYS OPEN TO  
QUESTIONS AND SUGGESTIONS



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Website info coming soon...

